

# St Ignatius Catholic Primary School



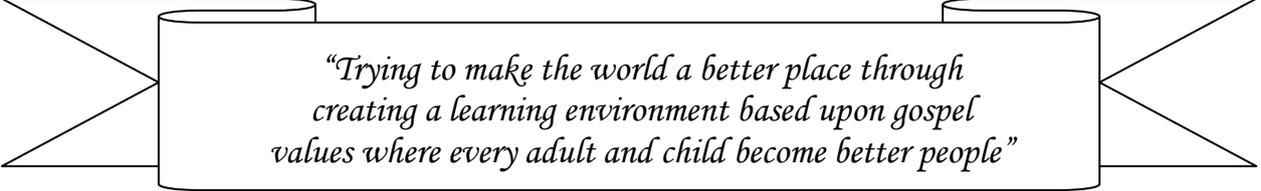
*in God's hands*

## **Personal, Social & Spiritual Education Policy**

### **Key Stage 2**

**Date: January 2012**

**Review Date: January 2013**



*“Trying to make the world a better place through creating a learning environment based upon gospel values where every adult and child become better people”*

### **Rationale**

We acknowledge that underpinning all personal, social, health, moral and citizenship education is the central belief in the dignity of each one of us as created and loved by God and the importance of relationships.

Stemming from our vision of what it means to be human, we seek to educate the whole person: spiritually, intellectually, morally, emotionally, psychologically and physically towards Christian maturity. Without the ability to understand ourselves and to reflect upon our relationships with others we cannot develop our full potential.

We acknowledge that PSHE and Citizenship as well as sex education are all underpinned by a theology of relationship and so are all encompassed in the title ‘Education for Personal Relationships’ (EPR). We extend this learning in Years 5 & 6 through the ‘All that I Am’ curriculum.

### **Delivery of EPR**

EPR is taught through RE and Science as well as other areas of the curriculum by way of a cross curricular integrated approach

### **EPR in KS1**

Pupils should be able to:

- Understand the importance of valuing themselves & others.
- Recognise their membership of the family & recognise the roles of individuals in families.
- Understand growth and know themselves as male or female.
- Be able to name the external parts of the body (as appropriate for the age of the child).
- Recognise that babies have special needs.
- Appreciate relationships, friends, family, working together, sharing, and playing together.
- Have an awareness of personal health & safety and personal hygiene.
- Know about rituals that mark life (especially birth) marriage, death.
- Recognise a range of emotions & how we deal with them.
- To know about being safe.

### **EPR in KS2**

The children are encouraged to talk and write about their own opinions, and explain their views, on issues that effect themselves and society and:

- Research, discuss and debate topical issues, problems and events
- Reflect on spiritual, moral, social and cultural issues, using imagination to understand other peoples experiences
- Understand that their actions affect themselves and others, to care about other people’s feelings and try to see things from another point of view
- We seek to provide an environment where pupils are informed about relationships in the context of the catholic faith.

## **EPR in Years 5 & 6 (All That I Am)**

In 2004 the Birmingham Catholic Diocese was involved in a project to provide a curriculum in sex and relationship education that is in keeping with the Church's teaching and acknowledges pupils' stages of physical and sexual development. From this a teaching programme was developed for Primary schools called 'All That I Am'. St Ignatius follows the programme for our Year 5 & Year 6 pupils.

The programme is founded on:

- The belief that every human life has an intrinsic and absolute value through being created by God and in the image of God.
- This value derives from the simple fact of existing and is not dependent on an individual's age, abilities, social acceptability or any other characteristic.
- Self-respect and respect for each other must underlie all human relationships.

## **All That I Am**

### Teaching Methods

The learning process of the All that I am programme is a mixture of teaching methods and technique including:

- Biblical and theological reflections
- Teacher reference points to the Church's teaching
- Posed question
- Video extracts
- Suggested activities
- Accurate scientific knowledge
- Use of literature to explore emotions and issues
- Key vocabulary
- Use of different spoken and written genres

### Structure of Programme

#### *Year 5*

Using 5 episodes (Individual, Physical, Social, Emotional and Spiritual), the Year 5 sessions aim to both augment pupil's understanding of their physical and emotional development and promote ways in which young people can examine stereotypes of masculine and feminine behaviour.

#### *Year 6*

These sessions build on the Year 5 resource with the purpose of providing further, more detailed and accurate information about pupils' human and physical development.

### Unit Overviews (Year 5)

#### *Individual*

Pupils will learn that they are unique and made in the image of God.

Physical and emotional growth is common to all of us and a normal part of becoming an adult.

They learn to accept and respect themselves.

#### *Physical*

Pupils learn that the difference between boys and girls is part of God's creative and loving work. In this lesson, the pupils are taught the vocabulary to describe menstruation and to celebrate the differences between boys and girls. This lesson is built on in Year 6 when male physical maturation will be treated in more depth.

### *Social*

Pupils learn what the Church teaches in relation to personal responsibility and the dignity of the person. This lesson informs pupils about the need to take responsibility for their personal hygiene.

### *Emotional*

Pupils learn how the Church recognises the importance of our emotions and how they can shape our actions. There is a focus on identifying a wide range of feelings in themselves and others. Pupils learn about taking responsibility for managing their feelings appropriately. They are given an awareness of the responsibility we have towards each other.

### *Spiritual*

Pupils learn that our spiritual relationship with God links together and changes all aspects of our person. They are taught about the basics of authentic friendship with others and God. Pupils learn about when they do and do not feel comfortable with themselves. This lesson will identify when confidentiality is appropriate and when it is not.

## Unit Overviews (Year 6)

### *Female physical development*

This lesson focuses on the biology of menstruation and other physical changes. Pupils become more familiar with biological terms for the female reproductive system.

### *Male physical development*

This lesson focuses on accurate information about the physical and emotional changes that take place at puberty with boys. Pupils become more familiar with biological terms for the male reproductive system.

### *Taking Responsibility*

This lesson focuses on the need to develop values, attitudes and personal skills needed by pupils if they are to establish and maintain effective relationships and make informed choices and decisions about their health and wellbeing. We want pupils to feel positive and good about themselves because when they do they are more likely to take care of themselves, think positively about others and take responsibility for their actions in all situations.

### *Making new friends*

The pupils discuss the skills and personal attitudes required in making new friendships as they progress in secondary school. Essential life skills are discussed which include confidence in the management of emotions, social skills-developing the need to take responsibility for their own behaviour. Communication skills, which looks at the effective participation in a range of situations and negotiation skills-resisting peer pressure and managing conflict are considered.

## Parental Involvement

Prior to the programme commencing all parents of Year 5 & Year 6 pupils are invited to an introductory meeting to find out more about 'All That I Am' and the units that are to be covered. During this meeting there is opportunity to watch clips of the supporting DVD and look at teaching resources that are used within each lesson. Following the meeting parents/carers are asked to complete permission slips stating whether they wish for their child to take part in the programme (see attached Parent Letters 1 & 2).

**Equal Opportunities at St Ignatius School**

Our school believes in the right of every child to a broad and balanced curriculum. We believe that children should have equal access to education programmes that equip them with the skills, knowledge and attitudes to make healthy and informed decisions about their lives now and in the future.

The Governors of St Ignatius Catholic Primary School recognise their responsibility to ensure that this programme of study is in keeping with diocesan principles.

Signed \_\_\_\_\_  
(Chair of Governors)

Date \_\_\_\_\_